



## **The Hong Kong Football Medicine Team Physiotherapist Course 2020**

### **Organisers:**

Hong Kong Association of Sports Medicine and Sports Science

Department of Orthopaedics and Traumatology, Faculty of Medicine, The Chinese University of Hong Kong

### **Supporting Organisers:**

Hong Kong Football Association

Hong Kong Physiotherapy Association

### **Course Details:**

**Date:** 17 & 18 October 2020 (Sat & Sun)

**Time:** 09:00 – 18:00

**Venue:** Prince of Wales Hospital & Jockey Club Kitchee Centre

**Participants:** Registered Physiotherapists (Hong Kong)

**Course Fee:** HK\$5,300

*(Special discount for HKPA / HKASMSS members: HK\$4,500;*

*CUHK MScSMHS students: HK\$2,700)*

### **Content of the course:**

1. Identify the role of the physiotherapist within the football team structure.
2. Assess, design and implement a management plan for the most commonly seen injuries in football.
3. Apply the principles of evidence-based practice and clinical reasoning.
4. Learn to develop and implement relevant preventive measures, on-field support, rehabilitation strategies and performance enhancement programs for various level and group of football players.
5. Apply knowledge and skills to safely manage acute traumatic injuries.
6. Recognize and be aware of medical emergencies in football.

### **Remarks:**

Since September 2019, physiotherapists taking care of Hong Kong Premier League football teams (at least one on the pitch side) and HK football teams are required to complete the Football Physiotherapist Course organised by HKFA/AFC/FIFA.